

Ingram's Karate Schedule

NEW PORT RICHEY

Dragons

Monday and Wednesday

4:15 - 4:45

6:25 - 6:55

Kids Beginners

Monday and Wednesday 5:40 - 6:20

Tuesday and Thursday 4:15 - 4:55

Kids Novice

Tuesday and Thursday 5:00 - 5:45

Kids Intermediate

Tuesday and Thursday 5:50 - 6:35

Kids Advanced

Monday and Wednesday 4:50 - 5:35

Junior Black Belt

Monday and Wednesday 4:50 - 5:35

Wednesday 7:00 - 7:45

Kids Sparring

Monday 7:00 - 7:45

Adult and Teens

Tuesday 7:30 - 8:30

Wednesday 7:50 - 8:50

Adult (18 and Up)

Tuesday 7:30 - 8:30

Wednesday 7:50 - 8:50

Thursday 8:00 - 9:00

Adult and Teens Sparring

Thursday 7:15 - 8:00

Beginning Weapons (Green Belt to Brown Belt)

Thursday 6:40 - 7:10

Advanced Weapons 12 Yrs and Up (Brown Belt and Up)

Tuesday 6:40 - 7:25

TokushinRyu Kobudo 12 Yrs and Up (Brown Belt and Up)

Thursday 6:40 - 7:10

CARROLLWOOD

Dragons

Monday and Wednesday

4:15 - 4:45

6:25 - 6:55

Kids Beginners

Monday and Wednesday 5:40 - 6:20

Tuesday and Thursday 4:15 - 4:55

Kids Novice

Monday and Wednesday 4:50 - 5:35

Kids Blue Belt-2nd Kyu

Tuesday and Thursday 5:00 - 5:45

Kids -1st Kyu & Junior Black Belt

Tuesday and Thursday 5:50 - 6:35

Kids Weapons

Monday 6:30 - 7:00

Adult and Teens

Monday and Wednesday 7:00 - 8:00

Thursday 7:15 - 8:15

All Sparring

Thursday 6:30 - 7:10

Kobudo (Adults Green Belt and Up)

Thursday 6:30 - 7:10

TokushinRyu Kobudo (12 Yrs and Up)

Wednesday 8:00 - 9:00

Dunedin

(3-5 Yrs)

Tuesday 4:30 -5:00

(6-12 Yrs)

Tuesday/Thursday 5:00 - 5:40

Advanced Class

Tuesday/Thursday 5:40 - 6:20

Teens & Adults

Tuesday/Thursday 6:20 - 6:10

- Dragons Ages - 3 yrs.5 yrs.
- Kids Beginners - White & Yellow Belts
- Kids Novice - Orange Belts & Blue Stripes
- Kids Intermediate - Blue Belts through Brown Stripes
- Kids Advanced - Brown Belts and Jr. Black Belts
- Adults - 18 and up
- Jr Black Belts Black Belts under age 18